

# popular Parenting Tips



- *Routines*
- *Traditions, family activities*
- *Patience*
- *Acceptance -try not to make comparisons with peers, siblings...*
- *Active listening*
- *Consistency*
- *Encouragement to share feelings and validation of feelings*
- *Clear and fair limits*
- *Responsibilities...chores, children feel useful and valued if they help the family - tell them how much you appreciate and rely on their help*
- *Expectations that are clearly defined*
- *Privacy*
- *Logical and natural consequences*
- *Coping skills*
- *Point out and celebrate his successes. Be sure she is aware of her strengths*
- *Opportunities to find interests and talents -encourage them and attend their events*
- *A great sense of humor*
- *Inclusion in family decisions*
- *A positive learning environment - teach them to organize and manage their time*
- *Compromise, flexibility and the ability to prioritize your battles*
- *You --to tell them how wonderful they are - They need and want your compliments even though they may act like they mean nothing to them.*
- *Praise your child -be specific, immediate and don't qualify -really mean it-empathize-use it to help your child complete tasks*

